



National Institute of Technology Meghalaya
An Institute of National Importance

CURRICULUM

Programme		Doctor of Philosophy (Ph.D.)				Year of Implementation		2025-26		
Department		Humanities and Social Sciences				Semester		I/II		
Course Code	Course Name	Prerequisite	Credit Structure				Marks Distribution			
			L	T	P	C	INT	MID	END	Total
			3	0	0	3	50	50	100	200
HS508	Applied Psychology	Nil		COs	Statement			Bloom's Taxonomy		
Course Objectives	To understand the various concepts in Applied Psychology		Course Outcomes	CO1	Understanding the various concepts in Applied Psychology			Understanding		
	To understand the different applied branches of psychology			CO2	Understanding different applied branches of psychology			Understanding		
	To understand the emerging disciplines in Psychology			CO3	Understanding the emerging disciplines in Psychology			Understanding		
SYLLABUS										
No .	Contents						Hours	COs		
I	Introduction: What is Applied Psychology? Applying Psychology in Everyday Life, Ethics, Values in Applied Psychology, APA divisions						6	CO1		
II	Major Branches of Psychology I: Clinical Psychology, Counselling Psychology, Industrial Organisational Psychology, School Psychology, Rehabilitation Psychology, Forensic Psychology						8	CO2, CO3		
III	Major Branches of Psychology II: Health Psychology, Educational Psychology, Neuro Psychology, Experimental Psychology, Adolescent Psychology, Applied Social Psychology						8	CO2, CO3		
IV	Major Branches of Psychology III: Positive Psychology, Community Psychology, Sports Psychology, Engineering Psychology, Environmental Psychology						8	CO2, CO3		
V	Major Branches of Psychology IV: Cross-cultural Psychology, Military Psychology, Cyber Psychology, Political Psychology						6	CO2, CO3		
VI	Major Branches of Psychology V: Consumer Psychology, Trauma Psychology, Psycho-oncology, Media Psychology						6	CO2, CO3		
Total Hours							Total Hours	42		
Essential Readings										
1. Davey, G.C. (2023). <i>Applied Psychology</i> (2 nd Ed). Wley Blackwell										
2. Ciccarelli, S.K, White, J. N. & Misra, G. (2022). <i>Psychology</i> (6 th Ed). Pearson										
3. Rawen, B. and Harton (2003) <i>Applied Psychology: Current Issues And New Directions</i> . Boston: Sage Publishers										
4. Weiten, W, & Lloyd, A. M (2007). <i>Psychology Applied to Modern Life</i> . USA: Thomason and Woodworth										
Supplementary Readings										
1. Nagar, D. (2006). <i>Environmental psychology</i> . New Delhi, India: Concept										
2. Rath, J. F. (2011). <i>Rehabilitation Psychology</i> . Oxford Handbook of Counselling Psychology										
3. Wrightsman, L. S. & Fulero, S. M. (2008). <i>Forensic psychology</i> (3rd Ed.). Belmont, CA:Wadsworth Publishing Co.										
4. Gruman, J. A., Schneider, F. W., & Coutts, L. M. (2017). <i>Applied social psychology: Understanding and addressing social and practical problems</i> (3rd Ed.). Sage Publications, Inc.										
5. Carr, A. (2016). <i>The Handbook of Child and Adolescent Clinical Psychology: A Contextual Approach</i> (3 rd Ed). Routledge										
6. Kirwan,G., Connolly, I., & Barton, H. (2016). <i>An Introduction to Cyber Psychology</i> .Routledge										
7. Taylor, S. E. (2018). <i>Health Psychology</i> , 10th Edition, McGraw-Hill Education										
8. Edward Neukrug (2011) <i>Counselling Theory and Practice</i> , 1st Edition, New Delhi:Brooks/Cole, Cenage Learning										
9. Sommers-Flanagan, J., & Sommers-Flanagan, R. (2018). <i>Counseling and psychotherapy theories in context and practice: Skills, strategies, and techniques</i> . John Wiley & Sons										
10. Kloos, B., Hill, J., Thomas, E., Wandersman, A., Elias, M.J., & Dalton, J. H. (2012).Community Psychology: Linking Individuals and Communities (3rd ed), Wadsworth,Cengage Learning										
11. Riggio, R.E. (2018). <i>Introduction to Industrial/Organizational Psychology</i> (7th ed.) Routledge										